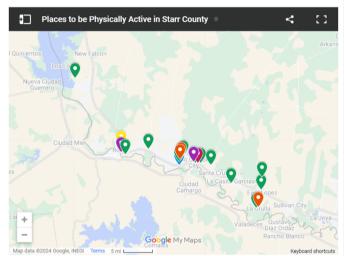
## Health Communication Campaign COHORT

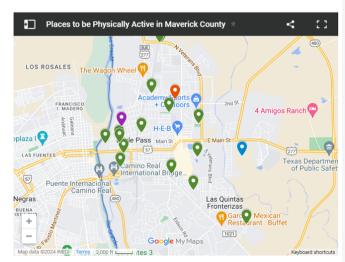
Local organizations join a cohort lead by WOW-E Subject Matter Experts (SMEs) identify a barrier to a healthy behavior that can be influenced using communication, and develop an evidence-based promotion plan.

Find a place near you to be physically active.



The WOW-E team assists community advocates with creation of map services outlining places to be physically active in Starr County

Find a place near you to be physically active.



The WOW-E team assists community advocates with creation of map services outlining places to be physically active in Maverick County.



Billboards can be used to encourage community members to learn more about their parks as part of their health communication campaign

Planning and implementing a communication campaign that addresses barriers to promote a healthy behavior related to food or physical activity.

## STEPS TO A Healthy Communication Campaign

- **1** Define the public health issue
- 2 Define your target audience
- **3** Discuss barriers to the healthy behavior
- Discuss strategies and messaging to address barriers
- 5 Draft communication product
- **6** Evaluation plan







